



AMEF Participates in First Responder Appreciation Week

First Responder Appreciation Week, a statewide celebration, was held September 20 – 26. This special week was dedicated to thanking first responders for their care and compassion when responding to overdoses and administering Narcan to save lives.

The Academy of Medicine of Cleveland & Northern Ohio (AMCNO) and our charitable component—the Academy of Medicine Education Foundation (AMEF)—were pleased to provide support for the program.

First responders bring help and hope year-round, so the Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board of Cuyahoga County wanted to find a way to keep the thanks going all year-round. This year, they created a calendar that includes a

collection of thank you messages from those in recovery from substance use disorders who wanted to thank first responders for saving their lives and helping them reach recovery. Every police and fire station in Cuyahoga County received a thank you calendar in the mail.

The ADAMHS Board knows treatment works and people recover. They hope these thank you messages help first responders across the county see that too, since they do not usually get to see the people they help living in recovery. Over the next year, the hope is that the messages of thanks and appreciation give first responders renewed hope and compassion to do the challenging work they do every day.

This project was made possible by donations from the Ohio Association of



County Behavioral Health Authorities (OACBHA) and the Academy of Medicine Education Foundation (AMEF). AMEF's mission is to enhance health care through education of the medical profession and the community at large.

The ADAMHS Board created a playlist on YouTube of several short videos for the week. They also posted messages to their social media accounts, using #BringingHelpBringingHope. And messages were posted to the AMCNO Twitter feed as well: @AMCNOTABLES.

Celebrating the Holiday Season Safely

By Thomas Collins, MD, FACEP, FAEMS, AMCNO President
Kristin Englund, MD, AMCNO President-Elect

It is an unfortunate reality that, as of presstime, cases of COVID-19 are surging across Ohio, and the country. Here in Ohio, Governor Mike DeWine has attributed much of this increase to a lapse in adhering to preventative measures such as social distancing and mask-wearing, as well as an increase in family and social gatherings.

As we enter the holiday season, it is more important than ever as physicians

that we become stewards of the message of proper public health measures in the face of COVID-19 fatigue in our patients and communities.

Many of us entered the practice of medicine not just to cure disease, but to heal and improve the health our communities. The importance of this calling cannot be overlooked in the face of the record-high numbers of new coronavirus infections.

As you, your families, employees and patients start to think of holiday plans, we wanted to help provide recommendations on how to stay safe.

We encourage those planning to still celebrate in person to celebrate in smaller groups of immediate family, where expected practices are clearly outlined regarding mask wearing and

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Scholarships

AMEF awards scholarships each year to third- and fourth-year medical students (MD / DO) who are or were residents of Cuyahoga, Summit, Lake, Geauga, Ashtabula, Lorain or Portage counties, and who demonstrated an interest in being involved in organized medicine and community activities. Applicants must also possess leadership skills and demonstrate academic achievement. AMEF scholarships will be awarded to third- and fourth-year medical students attending the following: Case Western Reserve University (CWRU) School of Medicine, Cleveland Clinic Lerner College of Medicine of CWRU, Northeastern Ohio Universities College of Medicine, and Ohio University College of Medicine.

Applications are due no later than January 31 of the year in which the student is to begin their third or fourth year of study. Scholarship recipients will receive their award in April of that same year.

A copy of the scholarship application is available on the AMCNO website, www.amcno.org, under the AMEF tab.

Donations/Contributions

Did you know that contributions made by December 31 could reduce taxes on returns filed by April 15 of the following year and that missing that date delays tax savings for a full year? That is why charitable gifts should be made well before Christmas. Timing is everything where year-end tax donations are involved, so don't delay. Plan as if the year ends on December 15.

The AMEF is a 501 (c) (3) tax-exempt organization dedicated to the improvement of healthcare. The AMEF touches the lives of physicians, medical school students and citizens across the region, through scholarships, community health projects and education. Please review the numerous opportunities to be involved in the Foundation's efforts and consider making a donation. All donations are fully tax-deductible. If you have any questions, please email Secretary-Treasurer Jen Johns at jjohns@amcno.org, or call her at (216) 520-1000.

Cash Donations

To donate by check, simply send your gift by mail to AMEF, 6111 Oak Tree Blvd., Ste. 150, Independence, OH 44131. AMEF also accepts donations made with payments through major credit cards. Please call (216) 532-4505 to make a credit card donation.

Stock Gifts

Gifts of appreciated stock are a convenient way to contribute to the AMEF. There are often many tax benefits for donors through tax deductions for the full fair market value of the contributed stock, and avoidance of taxes on capital gains. For more information about this type of giving, please call AMEF at (216) 520-1000.

Tribute Gifts

Remembering or honoring a family member, friend, loved one or colleague by making a gift to AMEF is a meaningful gesture. Any gift to the AMEF may be made "in memory of" or "in honor of" someone or some occasion. For information on this type of giving, contact AMEF at (216) 520-1000.

Planned Gifts

AMEF can help you learn more about planned giving. Planned gifts offer many benefits through tax deductions and/or reducing estate taxes. For information on this type of charitable giving, contact AMEF at (216) 520-1000, or go to the AMCNO website at www.amcno.org, and click on the AMEF tab.

AMEF to Sponsor 2020 Virtual National Opioid Leadership Summit

The Public Health Institute and University Hospitals are co-hosting a virtual 2020 National Opioid Leadership Summit, from December 8 – 9. AMEF is a proud sponsor of the event.

During the two-day program, attendees will have the opportunity to learn, share, and collaborate with their colleagues from across the country on real solutions to the opioid crisis that bridge the criminal justice, healthcare, and public health sectors.

Opioid use disorder is not contained by the walls of a cell, hospital, or treatment center—and interventions should not be either. Through TED-style talks, keynote presentations, and interactive breakouts, national leaders and local innovators will

share what is working at the local level, successful models that can be tailored to fit your community, and solutions to bringing proven interventions to scale.

One of the panel discussions will feature the Northeast Ohio Hospital Opioid Consortium, of which the AMCNO is a member.

Themes for the event will include:

- Best practices for medication-assisted treatment (MAT) utilization and access
- Cleveland's response and cross-sector approaches to community solutions
- Diversion courts and wrap-around services
- Overdose Detection Mapping Application Program (ODMAP)



- Opioid settlement dollars and moving forward
- Substance use disorders and treatment in the prison and jail systems
- How technology can help explain the evolution of OD outbreaks

Continuing Education is sponsored by Case Western Reserve University, Schools of Law and Medicine. This activity has been approved for AMA PRA Category 1 Credit(s)™.

AMEF Funds Used to Sponsor a Business Practice Session for AMCNO Resident Members

The Academy of Medicine of Cleveland & Northern Ohio (AMCNO) hosted its annual seminar, “Understanding the Legal and Financial Aspects of Practicing Medicine,” virtually this year. AMEF was once again pleased to sponsor the event, in conjunction with the William E. Lower Fund, and offer it free-of-charge to the AMCNO’s resident members.



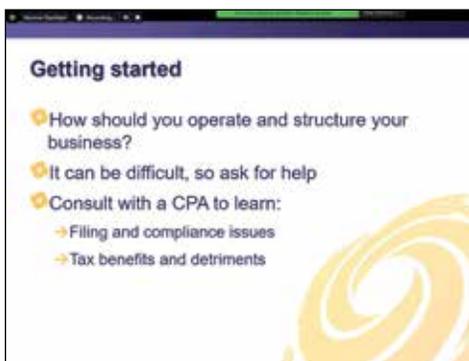
AMCNO President Dr. Thomas E. Collins warmly welcomes everyone to the virtual seminar.

AMCNO President Thomas E. Collins, MD, FACEP, FAEMS, provided opening remarks and introduced each speaker prior to his or her presentation. Representatives from several financial companies covered interesting topics for the attendees.

Isabelle Bibet-Kalinyak, from McDonald Hopkins LLC, discussed physician contracting. She stressed the importance of knowing what questions to ask during contract negotiations. And, she said the main takeaway is to not sign a letter of intent on the spot. Once that type of letter is signed, it is very hard to back out of it. Ms. Bibet-Kalinyak also discussed seven key provisions, including compensation and benefits, restrictive covenants, and liability insurance. During her presentation, she also expanded on disability insurance, following a request from an attendee to do so. She closed her presentation with sound advice, including to take the time

to understand and negotiate the terms of your employment agreement.

Mark O’Sickey, from North Coast Executive Consulting, discussed personal financial planning. He said starting the process early can make a difference, such as how to pay off loans or properly invest, and can help make planning more seamless in the long run. Sometimes, he said, it makes sense to invest dollars elsewhere, and only pay some money toward debt. Mr. O’Sickey said to remember that *you’re* interviewing a potential adviser, not the other way around. Trusted resources are available online, too, to find advisers. An adviser should also sit down with you and get to know you—what *your* questions and goals are.



Guest speaker Jennifer Gajda discusses the business and tax aspects of a medical practice.

Jennifer Gajda, from Rea & Associates, discussed the business and tax aspects of a medical practice. She reiterated what seemed to be the theme for the night—be sure to ask for help, especially in the beginning, to save you from hardship in the future. She defined the different types of businesses and tax considerations for each. Ms. Gajda also had advice about student loans, such as asking lenders if you can pay interest only, looking into a graduated payment option, and using a student loan consolidation program.



Another guest speaker, Katherine Wensink, focuses on the importance of estate planning.

Katherine Wensink, also from McDonald Hopkins, gave the final presentation of the evening. She discussed estate planning, and focused on living estate plans, trusts, and digital assets. Ms. Wensink also gave planning reminders. For general estate planning, she suggests building in flexibility, revisiting it at least every 5 years, and acknowledging that a trust is not always necessary. In addition, she shared important points about marriage and an appropriate estate plan, as well as if there are children involved. Ms. Wensink ended her presentation by fielding questions from attendees.

Dr. Collins then closed the event, thanking the speakers, our resident members, and staff for their participation. He also added a simple message: “On behalf of the Academy of Medicine of Cleveland & Northern Ohio and all of us—everybody, please stay safe, wash your hands, socially distance, wear a mask...and be good to yourself.”

The information provided during the seminar is for educational purposes only; it is not a solicitation.

AMEF Sponsors Two Medical Student Events

AMEF and AMCNO Sponsor the Medical School Doc Opera Event

Now in its 36th year, Doc Opera is a collaborative fundraiser and musical production organized by the students and faculty. This annual variety show is written, directed, and performed entirely by medical students at the Case Western Reserve University (CWRU) School of Medicine and Cleveland Clinic Lerner College of Medicine.

In keeping with Case's commitment to give back to the community, the show's primary mission is to raise funds to provide quality health care and related services to individuals and families in our community regardless of their ability to pay through their beneficiary: the CWRU Student-Run Free Clinic. It also provides a venue for creative expression and inter-professionalism among the medical and health professional students of Cleveland. The theme in 2020 will be "Trauma Mia!" and will include music from the Mamma Mia movies, with skits and props to fit the occasion.

Doc Opera is a non-profit organization that relies on area businesses to help defray the costs of production and to contribute to the donations made to the program's beneficiaries. The Academy of Medicine Education Foundation (AMEF) and the Academy of Medicine of Cleveland & Northern Ohio (AMCNO) are pleased to once again sponsor the Doc Opera event.



Students perform a musical number during the 2019 Doc Opera event, "The Wizard of Gauze."

Medical Students Connect with AMCNO Physicians to Discuss Specialty Choices

The Academy of Medicine of Cleveland & Northern Ohio (AMCNO) and our charitable component, the Academy of Medicine Education Foundation (AMEF), co-hosted the annual Speed Mentoring event, along with Case Western Reserve University (CWRU) School of Medicine, for two nights in late-September.

This year's program was held virtually, however, because of the COVID-19 pandemic. The format remained mostly the same as in previous years. AMCNO physician members, Case faculty, and first-year medical students were invited to the event.

Each of the two sessions began with a didactic presentation on how to be a good mentor/mentee, provided by the school's Geiger Society Dean Dr. Marjorie Greenfield the first night, and by Robbins Society Dean Dr. Margaret Larkins-Pettigrew the following night.

AMCNO President Dr. Thomas E. Collins then provided opening remarks, emphasizing how pleased we were to be co-hosting the event once again this year with Case. He explained to the students the importance of getting involved in our organization and what we do to support our local communities, such as provide scholarships through our foundation, support Doc Opera, and provide assistance for First Responders Appreciation Week.



AMCNO President Dr. Thomas Collins welcomes the attendees to the event.

The Case tech team discussed the format of the program—each breakout room featured 1-3 physicians and 4-6 students. The goal was for the physicians to spend 6-7 minutes per room, then move on to the next room when the time was up, and so on, until they had traveled to each of the rooms in their pre-assigned

group. The students were encouraged to ask questions, such as what a typical day is like for the physicians and what they like/don't like about their work/field.

Many students asked about how to achieve work-life balance to counteract feelings of burnout. AMCNO President-Elect Dr. Kristin Englund responded with practical, but essential, advice—focus on what you love outside of medicine. She said for her, that includes her dogs, her children and Taekwondo. She also encouraged the students to find joy every day. AMCNO Board member Dr. Jonathan Scharfstein echoed Dr. Englund's suggestions, adding that students need to let themselves enjoy what they love.

AMCNO Past President Dr. Ronald Savrin discussed his experience as a vascular surgeon and the head of his department, and how he was able to work on research while also on surgical service, after a student expressed her interest in doing both of these aspects of medicine. Another AMCNO Past President, Dr. Matthew Levy, invited all his mentees to shadow him one day in the office or operating room.

Family Medicine physician and AMCNO member Dr. Jeff Brown said he loves primary care because he enjoys receiving thank you notes from his patients, which means he has really gotten to know the family.

Feedback from the students and physicians indicate 98% of attendees said their participation in the program was time well spent. One student said she liked that the physicians were from a variety of fields and points in their careers and that all were friendly and welcoming. Another said the opportunity to speak with real-life physicians about their actual experiences was incredible. One physician responded that he liked meeting the students and hopefully making a difference. Another said she loved having the opportunity to inform students and help them on their path.

We would like to thank everyone for their participation and support. If you would like to participate in next year's Speed Mentoring event, please contact the AMCNO offices at (216) 520-1000.

Celebrating the Holiday Season Safely (continued from cover)

social distancing, to avoid any unpleasant consequences from that day. We also strongly encourage using Zoom or other platforms to spend family holiday time together safely, especially with elderly relatives.

Physicians at the Cleveland Clinic, in coordination with the State of Ohio, put together the following tips for families, especially those who will be welcoming home students from college:

- Students should limit close contact with others beginning a week or two prior to their travels home.
- Watch for any potential COVID-19 symptoms such as fever, cough or body aches.
- Students should get tested a few days before traveling home, if their college offers testing. If the test comes back positive, your student should self-isolate and follow local health department rules, including not traveling.
- Wear a face mask if coming within 6 feet of others while traveling.
- Keep your distance from others whenever possible.
- Wash your hands or use hand sanitizer after touching high-contact surfaces, such as doorknobs.
- If possible, sleep in a separate bedroom and use a separate bathroom from others at home.
- Avoid sharing eating utensils, dishes or glasses with others unless they've been washed.
- Wear a mask around anyone who's elderly or immune-compromised at home.
- Continue to follow the recommended precautions in public.

Again, thank you for all you are doing not just to heal, but to help lead our communities during this difficult time.

AMCNO Bids Farewell to Longtime Executive Staff and Welcomes New Executive Director



Biddlestone

Elayne R. Biddlestone, who has served as the Academy of Medicine of Cleveland & Northern Ohio (AMCNO) staff member and Executive Vice President/CEO for more than 40 years, will retire at the end of 2020.

Throughout the last 40 years, Ms. Biddlestone has served in various positions at the AMCNO and has been in her current role since 1996.

“My time with this amazing organization has been professionally and personally rewarded. When I started here in 1980, I never imagined I would still be here 40 years later—and I could not be more proud to have worked for this truly remarkable organization for so many years. I have been extremely fortunate to have had such a long and rewarding career. This has been a very difficult decision for me to make, but we all know that change is inevitable. I will always cherish my time with the AMCNO, and I will miss working for all of the physicians and their patients in Northern Ohio.”



Johns

Following an extensive search process, Jen Johns has been selected to serve as the new Executive Director, effective October 19. Prior to joining the AMCNO, Ms. Johns served as Director of Government Relations for Cleveland Clinic, where she was responsible for leading the organization's state government relations work in Columbus. She also served as founder and chairwoman of the organization's internal opioid task force, working on solutions to the opioid epidemic in Northeast Ohio.

During her eight-year tenure at Cleveland Clinic, she was a key leader in Columbus, tackling issues from prior authorization reform to telehealth expansions, Medicaid reimbursement, addressing the opioid epidemic, and examining scope-of-practice issues.

Ms. Johns also previously worked in Government Relations for University Hospitals of Cleveland and Nationwide Children's Hospital in Columbus.

As a graduate research assistant at the Dartmouth Institute for Health Policy and Clinical Practice, she researched mental health benefits for children enrolled in state CHIP programs. Ms. Johns earned a Master of Public Health degree in Health Policy and Management from the University of Pittsburgh, and a Bachelor of Arts degree in Political Science from The Ohio State University.

She currently resides in Twinsburg and enjoys attending Cleveland Indians games, cycling in the Metroparks, and spending time with her rescue dog Lola.

The AMCNO congratulates Ms. Biddlestone on her retirement and thanks her for her decades of leadership. We also warmly welcome Ms. Johns and look forward to working with her on issues of importance to physicians and their patients.

Congratulations to the 2020 AMEF Scholarship Recipients!

The Academy of Medicine Education Foundation (AMEF) awarded eight local medical students with \$5,000 scholarships each for the 2020 school year to help ease the burden of student loans.

The AMEF Board of Directors reviews new applications each year and chooses students based on a number of criteria. Applicants are third- or fourth-year medical students who are, or were, residents of Cuyahoga, Ashtabula, Geauga, Lake, Lorain, Portage or Summit counties, and who have demonstrated an interest in being involved in organized medicine and community activities. They must also possess leadership skills and demonstrate academic achievement.

Each year, the AMEF and the Academy of Medicine of Cleveland & Northern Ohio (AMCNO) highlight the scholarship recipients in our publications. The awardees were asked to provide their photo and short bio, so that our members can learn more about them—such as their interests and future plans. Their information follows.

The AMEF and the AMCNO would like to congratulate these exemplary recipients, and we wish them all the best in their medical careers!

AMEF Sponsors the Ohio Physician Health Program

The AMEF was pleased to provide funding in the amount of \$3,000 to the Ohio Physician Health Program (OPHP), a statewide program that provides a compassionate, supportive, and safe environment for healthcare professionals to receive confidential services to improve their health and well-being.

The goal of OPHP is to inspire physicians and other healthcare professionals to seek treatment and monitoring for their illnesses in order to ensure patient care and safety.

Katelyn Bard *Scholarship Recipient from Ohio University Heritage College of Osteopathic Medicine*



Katelyn Bard is a member of the Ohio University HCOM Class of 2021. Following graduation from Villanova University, she was

employed by Rural Metro Ambulance. She worked emergency transfers for MetroHealth Hospital and reserve 911 for the City of Cleveland, where she saw similar health disparities that she witnessed while deployed to Dakar, Senegal, with the U.S. Army in 2013. She desires to serve as a future physician, dual-boarded in emergency and family medicine, and dedicated to improving accessibility of health care in Cleveland. Katelyn volunteers with the Doctors on the Streets program at St. Malachi Church and Homeless Shelter in Cleveland. She also volunteers with the Boston Mills & Brandywine National Ski Patrol; it's her ninth season as a certified Alpine Patroller. She was awarded an AmeriCorps grant to intern with Yosemite Search & Rescue for summer 2018 and is a guest instructor for the Advanced Wilderness Life Support course in the Cuyahoga Valley National Park. She continues to serve as a First Lieutenant in the U.S. Army Reserve and oversees a staff section at the 319th Quartermaster Battalion in Twinsburg, Ohio, while also serving the Honor Guard team, providing funeral honors to Northeast Ohio Veterans.

Joshua Buzzard *Scholarship Recipient from Case Western Reserve University School of Medicine*



Joshua Buzzard is thrilled to be realizing his dream of making a meaningful impact on others' lives through the practice of medicine.

During his time at CWRU, he has been active in research, presenting at six conferences, including three large international meetings, and publishing multiple case reports and a highly technical basic science research paper. Joshua has also been able to contribute to the Cleveland community, serving as leader of the ophthalmology interest group, organizing monthly clinics that provided free vision screening for low-income patients. He also performs in Doc Opera as a songwriter/song director, producer, singer and dancer, helping raise funds for the student-run health clinic. As a medical student and Eagle Scout, he gave back to the Scouting community by assisting with First Aid Merit Badge courses. Ultimately, CWRU gave him the opportunity and experience necessary for a successful match in ophthalmology, his chosen specialty; he's beyond excited for this next step in his medical education. As he completes his fourth year of medical school, he continues to strive to use his love of learning, eagerness to serve, enthusiasm for taking on challenges, and interest in research to provide excellent care to future patients. He thanks AMEF for supporting him through this scholarship.

Charles de Leeuw
Scholarship Recipient from Case Western Reserve University School of Medicine



Charles de Leeuw is a fourth-year medical student at Case Western Reserve University (CWRU) School of Medicine. Previously, he

completed a PhD in Medical Genetics (University of British Columbia) with post-doctoral training at the Fred Hutchinson Cancer Research Center in Seattle, Washington. Originally from South Africa and then growing up in Canada, Charles felt incredibly privileged to have the opportunity to pursue medicine in the United States. During medical school, he was involved in neurosurgery research at the Cleveland Clinic and basic science research in brain tumors at University Hospitals. He also volunteered with Miles for Melanoma and the Circle Health student-run clinic in the community. Within CWRU, Charles was an anatomy and histology small group facilitator, admissions volunteer, and a student member of three committees: the Clinical Assessment Working Group, Committee on Medical Education, and the Student Assessment Committee. One of his goals is to continue to improve medical education for students to come. Outside of medicine, Charles enjoys learning about the latest advances in technology and computing science, hiking and going to the beach, and spending time with family. He has recently matched to a neurosurgery residency program and wishes to pursue an academic career in treating patients with brain tumors. Specifically, he feels that there is a need to improve our current approaches and treatment modalities, and he would like to do so by translating basic science discoveries from bench to bedside.

Jacob Knorr
Scholarship Recipient from Cleveland Clinic Lerner College of Medicine of CWRU



For his third year at the Cleveland Clinic Lerner College of Medicine, Jacob Knorr is academically involved in projects to improve central line

simulation using augmented reality and investigate the course of complications in recovery following radical cystectomy. In addition, he holds leadership responsibilities with the Urology Interest Group, and serves as class representative to the Curriculum Steering Committee. He will spend his fourth year of schooling conducting research, investigating the role of the urinary microbiome in bladder cancer, and he has future plans to go into urology, with the goal to pursue education and research in the field of urologic oncology. Outside of medicine, he enjoys exploring restaurants around Cleveland, playing pick-up basketball and soccer with friends, fixing up old mopeds, and taking his dog to the Cleveland Metroparks.

Lauren Larkin
Scholarship Recipient from Cleveland Clinic Lerner College of Medicine of CWRU



Lauren Larkin is a fourth-year medical student at Cleveland Clinic Lerner College of Medicine and a native of Euclid, Ohio. She earned her Bachelor

of Science in Chemistry from Howard University in Washington, D.C. Lauren currently serves on the Cleveland Clinic Community Collaboration Oversight

Committee to implement student-led initiatives that address community-identified health needs. Additionally, she is Public Relations Chair for the Bobby R. Larkin, Sr. Charitable Association, which provides scholarships to Euclid High School seniors in memory of her father. Lauren has held many leadership positions, including President of Phi Delta Epsilon International Medical Fraternity and Co-leader of the Pediatric Interest Group. She is currently working on a research thesis analyzing “Cholestasis and Growth Parameters in High-risk Neonates on Prolonged Parenteral Nutrition Receiving SMOFlipid versus Intralipid” as part of a Master’s degree in Clinical Research. Her current career aspiration is to become a general pediatrician-scientist with a focus on community health and addressing health disparities related to infant mortality rates, obesity, mental health, and teen pregnancy. Outside of medicine, Lauren is a member of the praise dance team at her church and enjoys maintaining a vegan diet, traveling, exercising, watching movies, and spending time with family and friends.

Gregory Liller
Scholarship Recipient from Ohio University Heritage College of Osteopathic Medicine



Greg Liller is a third-year medical student at Ohio University Heritage College of Osteopathic Medicine. His journey through

medical school is unique because he spent the first two years of medical school at the main campus in Athens, and now he is spending his clinical years in Cleveland, rotating through the “amazing” hospital systems the city has to offer. He was born and raised a few minutes north of Pittsburgh, in Butler,

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Congratulations to the 2019-20 AMEF Scholarship Recipients!

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Pennsylvania, and always dreamed of becoming a great physician. As career aspirations go, he has been interested in Radiology since early on in medical school, when a great professor at OU-HCOM made it fun and easy to learn. Since then, his affection for the profession has grown exponentially after gaining more experience in the field. At OU-HCOM, he founded and was the president of the Radiology Club during his first and second years, while also conducting research in Interventional Radiology at the Cleveland Clinic Foundation. Next year, he is looking forward to rotating through all the great Radiology programs in the Cleveland area. Outside the classroom, his passions include going on hikes and runs with his German Shepherd named Rogan, being outdoors, exercising, watching his favorite sports teams play, exploring all the great food and breweries Cleveland has to offer, and most importantly, spending time with friends and family locally and across the country. He said he feels truly surprised and appreciative to be awarded this scholarship, and it will certainly be put to good use next year while applying to Diagnostic and Interventional Radiology residencies.

Irvin Nasseri *Scholarship Recipient from Northeast Ohio Medical University*



Irvin Nasseri will be going into the field of neurology and completing his residency at Montefiore/Albert Einstein in the Bronx, New York.

He plans to

further subspecialize in either epileptology or cognitive neurology after residency and ultimately practice in an academic setting. Outside of academia, he is active in entrepreneurship. He is starting a bottled

tea business called Tea Infusions with his younger brother and hopes to highlight the poetic elements of our culture's elegant traditions with its success.

Quinton Riter *Scholarship Recipient from Ohio University Heritage College of Osteopathic Medicine*



Quinton Riter is a medical student at Ohio University Heritage College of Osteopathic Medicine. He is originally from Northeast

Ohio. Anesthesiology became his passion in medicine and is his career goal, thanks to experiences he gained before medical school. He worked as a full-time research assistant at the Cleveland Clinic, with work focusing on clinical anesthesiology. Through this work, he also developed a desire to continue involvement with research throughout his career. Additionally, he was president of the Anesthesiology Club at OU-HCOM's Athens campus. He is also a proud member of the Student Osteopathic Medical Association, American Osteopathic Association, and the American Society of Anesthesiologists. Outside of medicine, he enjoys any activities outdoors and in nature. Some of these hobbies include rock climbing, backpacking, cycling, and photography.

The AMEF is now accepting scholarship applications for the 2020-21 school year. To learn more, visit the AMCNO website at www.amcno.org and click on the AMEF tab.

Scholarship funds are primarily raised through the AMEF's annual golf outing. **This year's event was held at Sand Ridge Golf Club on Monday, August 10.** See page 11 for the wrap-up article, and please consider joining us next year. We, and future students, welcome your support!

Annual AMEF Fundraiser

Every year in August, AMEF sponsors an event designed specifically to raise funds for the foundation – a charitable golf outing held in memory of Marissa Rose Biddlestone, daughter of the AMCNO executive vice president and CEO, who succumbed to leukemia in 2003. Now in its 17th and final year under the Marissa Rose Biddlestone golf outing name, this event has raised more than \$500,000 for the foundation—funds that are utilized for local medical student scholarships and the aforementioned AMEF projects. (For an overview and pictures from this year's outstanding outing see page 11).



Please consider AMEF in your charitable giving plans.

Inside this newsletter is an envelope that you can use for your AMEF donation.

It includes information on the different types of gifts we offer as well as the various payment methods.

Thank you!

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A special thanks to our contributors from 2004 to present

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AMEF

Academy of Medicine Education Foundation

As the cost of medical education continually increases, financial assistance for medical students is more important than ever. And as you may know, a physician shortage is predicted in the next decade, with studies showing there may not be enough qualified physicians to meet the medical needs of an aging population in coming years. AMEF needs funds to provide scholarships to medical students to assure that our medical schools continue training physicians to meet the needs of patients in the future. Your contribution to AMEF will help us with this laudable goal. In addition, your funds will be used to assist with other worthwhile foundation activities. Contributors will be acknowledged on the AMCNO website and in future newsletters. Included with this newsletter is a give envelope for AMEF. A separate mailing has also been sent to previous scholarship recipients and all AMCNO members, requesting donations/contributions to the AMEF. Please include AMEF in your charitable giving plans.

The Academy of Medicine Education Foundation was formed by the physician leadership of the Academy of Medicine of Cleveland & Northern Ohio. Original funding came from voluntary contributions as a result of a successful polio vaccination program sponsored by the Academy of Medicine of Cleveland in 1958 and 1962. The largest continuing commitment of the foundation is student scholarship grants to worthy students in the medical field. Since its inception, the foundation has granted more than \$1.5 million to such qualified students. The foundation has historically initiated many programs of benefit to the community and has co-sponsored and funded various healthcare related seminars and programs across Northeast Ohio for decades.

The Purpose of AMEF

AMEF MAY APPLY FUNDS TO THE FOLLOWING CHARITABLE AND EDUCATIONAL PURPOSES:

- Promoting education and research in the field of medicine by the establishment or financing of fellowships, scholarships, lectures, projects and awards on such terms as the Trustees deem best;
- Providing and promoting educational programs on the science of medicine, including presentations on clinical care and new procedures;
- Providing and promoting health education for the welfare of the community, identifying public health issues and unmet community health care needs and make proposals for dealing with such issues and filling such needs for the benefit of the public;
- Maintaining and providing educational materials and publications concerning health care to the members, related public service organizations and citizens of the community;
- Supporting medical education at local medical schools by providing lectures and counseling services;
- Supporting local public health programs and initiatives;
- Sponsoring seminars on topics of medical education and public health issues;
- Assisting in the production of educational radio and television programs, telephone recordings, and computer and electronic programs and materials, designed in each case to educate members of the general public on matters of health care and public health issues;
- Making grants, donations, or contributions of funds or other property in the trust estate to other charitable, scientific, and educational trusts, organizations or institutions, organized and operated for any of the purposes set forth in subparagraphs above, or for uses that are in furtherance of any of the other purposes of this Trust, including for medical research and education, public health programs, and public and community education relating to health care and wellness programs, provided that no part of the net income of such trusts, organizations, or institutions inures to the benefit of any private shareholder or individual and that no substantial part of the activity of such trust, organization, or institution is the carrying on of propaganda, or otherwise attempting to influence legislation, or participating or intervening in any political campaign.

Another Beautiful Day Greeted the 2020 AMEF Golf Outing Participants!

Event Proceeds Benefit Medical Students and Local Communities

On August 10, golfers teed off for the Academy of Medicine Education Foundation's (AMEF) 17th Annual *Marissa Rose Biddlestone Memorial Golf Outing*. This was the final year the outing will be held in Marissa's name, as AMCNO EVP/CEO Elayne Biddlestone is retiring at the end of 2020 and requested the change.

This year's event was held at Sand Ridge Golf Club, in a socially distanced format. During the friendly competition, foursomes tested their expertise in a shotgun-style tournament to raise money for AMEF, the foundation component of the AMCNO that was established for charitable, education and scientific purposes. These monies will be utilized primarily for medical student scholarships, but also for annual CME seminars and grants for health-related programs.

After golfers were welcomed by AMCNO staff at registration, they enjoyed a delicious boxed lunch on the patio. Participants also had the opportunity to practice their shots before the shotgun start at 1 pm.

Following a full day on the course, the golfers enjoyed cocktails and a served dinner

on the patio. They were able to relax after navigating the challenging course, where they also had a chance to win \$10,000 in cash, courtesy of the AMCNO. AMEF Golf Committee Chairman Dr. John Bastulli provided a wrap-up of the day and thanked everyone for their participation and support. Following his speech, awards were announced for the top three teams and the winners of the skills contests.



Our congratulations to the teams that took home the top prizes:

1st Place Team: Irwin Mandel, Mike Adornetto, Jim Meyers, and Mike Lew

2nd Place Team: Peter Bastulli, Anthony Bastulli, John Bastulli Jr., and David Bastulli

3rd Place Team: Dr. Bill Seitz, Jacob Ehlers, Al Santilli, and Albert Santilli III

Skill prizes were also awarded to the following:

Closest to the pin: Anthony Bastulli on #4, Mark O'Sickey on #8, Tom Epps on #12, and Chris Helaney on #17

Longest drive: Jacob Ehlers on #6 and Jon Krol on #18

Longest putt holed: Dr. Bill Seitz on #9

A special **thank you** to the AMCNO for sponsoring the \$10,000 hole-in-one contest. And thank you to all the event and hole sponsors who helped make the day such a huge success. We look forward to working with all of you next year!

Our thanks to the 2020 Event Sponsors:

Cleveland Anesthesia Group
H.C. Murray Group
Kellison & Company
Matthew E. Levy, MD
North Coast Executive Consulting
Sansei Showa Co., Ltd.

Our thanks to the 2020 Hole Sponsors:

R. Bruce Cameron, MD
Hyland Healthcare
Kapp Surgical Instruments
Pauline Kwok, MD
Reminger Co., LPA
James L. Sechler, MD



SAVE THE DATE for next year's AMEF Golf Outing: Monday, Aug. 9, 2021, at Sand Ridge Golf Club. See you there!



AMEF

Academy of Medicine Education Foundation

Meet the AMEF Board of Trustees

The AMEF Board of Trustees is comprised of dedicated individuals possessing the vision to recognize the value of a charitable component to the AMCNO. The Foundation Board of Trustees is responsible for making decisions, developing policy and providing specific direction to the foundation.

George Topalsky, MD, President
James Coviello, MD, Vice President
Anthony E. Bacevice, Jr., MD
Paul Janicki, MD
Matthew Levy, MD
James Sechler, MD

Jen Johns, Staff

Mission

The mission of AMEF is to enhance healthcare through education of the medical profession and the community at large. The purpose of AMEF is to add a charitable component to the AMCNO and to partner with the AMCNO in implementing new initiatives for both physicians and the patient population through charitable, educational and scientific efforts. AMEF enhances the philosophy of the AMCNO in its focus on health-oriented education for physicians, their staff and patients by providing support for meaningful education and highlighting the value and quality of healthcare. A showcase for a philanthropic spirit is provided through the foundation for physicians who desire to give back to the community and the profession they serve.