



## AMEF Sponsors Statewide Immunization Conference

The Academy of Medicine Education Foundation (AMEF) was pleased to sponsor the Immunize Ohio 14th Annual Statewide Immunization Conference. The event was very well-attended and featured presenters of various topics related to immunization.

Dr. Amy Acton, the Director of the Ohio Department of Health (ODH), opened the conference by stating that there is now a “window of opportunity” in Ohio since we have a governor who believes in immunizations. She emphasized that now is the time to join together on a clear strategy to address issues related to immunizations, and ODH will do everything they can to assist with this strategy.

Dr. Gary Marshall, Chief, Division of Pediatric Infectious Medicine at the University of Louisville School of Medicine, provided a presentation on the perspectives of vaccine hesitancy. He began his talk by outlining the history of vaccinology—showing a timeline of when vaccines were developed. He also noted that during what he refers to as the “golden age” of vaccines, there was a belief in science, so more people were getting vaccinated. The uptick in vaccinations during this time period clearly illustrated that new cases of disease were prevented or eradicated.

He said everything changed, however, in 1998 when Andrew Wakefield published his infamous paper stating that vaccines caused autism—a report that has since been refuted. This paper created a strong anti-vaccine sentiment that has resulted in what is termed the “era of vaccine

hesitancy.” Now, some pediatricians may be willing to spread out the vaccine schedule if parents are concerned—even though there is no evidence that this type of schedule makes a difference. There is also evidence that the number of pediatricians encountering a vaccine-averse family has increased considerably. There are also hot spots of vaccine hesitancy, and exemption from vaccines has reached epidemic proportions in some parts of the country. This is not just a United States phenomenon—hesitancy is apparent elsewhere in the world.

Massive measles outbreaks have occurred in Europe, as well as in the United States, and the most common scenario is that these cases have stemmed from a person who was not vaccinated. The World Health Organization (WHO) has recognized vaccine hesitancy as a global public health threat and one of the top 10 threats in 2019.

Dr. Marshall said that the pathway to vaccine hesitancy starts with misinformation on the Internet, where parents read that vaccines cause autism. A culture of anti-science also exists—the belief that science is not always right. In addition, some parents believe serious side effects are common, so they will not vaccinate their child.

The culture of medicine has also changed—and at this time, modern medical training focuses on shared decision making. Dr. Marshall questioned why parents, who are not vaccine experts, should be included in the shared decision-making process. Physicians know the science and the epidemiology,

so they need to use that to bring parents to the scientific truth, he said.

He added that there is a need to educate people and put the law on the physician’s side when it comes to school mandates and medical exemptions—physicians need to come together with other partners, including industry, to ensure that the right thing happens and everyone is protected equally.



Dr. Amy Acton, Director of the Ohio Department of Health, provides opening remarks at the conference.

Ms. Sarah Duade, MPH, from ODH, presented on the “Ohio School Immunization Requirements and Coverage.” She reviewed the entry requirements for Ohio schools and described immunization coverage data trends in our state’s schools. She stressed

*(Continued on page 4)*



## Scholarships

AMEF awards scholarships each year to third- and fourth-year medical students (MD / DO) who are or were residents of Cuyahoga, Summit, Lake, Geauga, Ashtabula, Lorain or Portage counties, and who demonstrated an interest in being involved in organized medicine and community activities. Applicants must also possess leadership skills and demonstrate academic achievement. AMEF scholarships will be awarded to third- and fourth-year medical students attending the following: Case Western Reserve University School of Medicine, Cleveland Clinic Lerner College of Medicine of CWRU, Northeastern Ohio Universities College of Medicine, and Ohio University College of Medicine.

Applications are due no later than January 31 of the year in which the student is to begin their third or fourth year of study. Scholarship recipients will receive their award in April of that same year.

**A copy of the scholarship application is available on AMCNO website, under the AMEF link at [www.amcno.org](http://www.amcno.org).**

## Donations/Contributions

Did you know that contributions made by December 31 could reduce taxes on returns filed by April 15 of the following year and that missing that date delays tax savings for a full year? That is why charitable gifts should be made well before Christmas. Timing is everything where year-end tax donations are involved, so don't delay. Plan as if the year ends on December 15.

The AMEF is a 501 (c)(3) tax-exempt organization dedicated to the improvement of healthcare. The AMEF touches the lives of physicians, medical school students and citizens across the region through scholarships, community health projects and education. Please review the numerous opportunities to be involved in the Foundation's efforts and consider making a donation. All donations are fully tax-deductible. If you have any questions, please email Secretary-Treasurer Elayne Biddlestone at [ebiddlestone@amcnoma.org](mailto:ebiddlestone@amcnoma.org) or call her at (216) 520-1000, ext. 100.

### Cash Donations

To donate by check, simply send your gift by mail to AMEF, 6100 Oak Tree Blvd., Ste. 440, Independence, OH 44131. AMEF accepts donations made with payments through Visa or MasterCard. Please call (216) 520-1000, ext. 100, to make a credit card gift to the Foundation. Cash donations can also be made online at [www.amcno.org](http://www.amcno.org), under the AMEF tab.

### Stock Gifts

Gifts of appreciated stock are a convenient way to contribute to the AMEF. There are often many tax benefits for donors through tax deductions for the full fair market value of the contributed stock, and avoidance of taxes on capital gains. For more information about this type of giving, please call AMEF at (216) 520-1000, ext. 100.

### Tribute Gifts

Remembering or honoring a family member, friend, loved one or colleague by making a gift to AMEF is a meaningful gesture. Any gift to the AMEF may be made "in memory of" or "in honor of" someone or some occasion. For information on this type of giving, contact AMEF at (216) 520-1000, ext. 100.

### Planned Gifts

AMEF can help you learn more about planned giving. Planned gifts offer many benefits through tax deductions and/or reducing estate taxes. **For information on this type of charitable giving, contact AMEF at (216) 520-1000, or go to the AMCNO website at [www.amcno.org](http://www.amcno.org) and click on the AMEF link.**

## AMEF Co-Sponsors Opioid Epidemic Seminar

The Academy of Medicine Education Foundation (AMEF) has agreed to co-sponsor "The Opioid Epidemic: Where are We Now?" conference, which is scheduled for Sunday, Dec. 8, 2019, from 9:30 am – 4:30 pm, at the Landmark Centre Office Building in Beachwood. It is hosted by the Siegal Lifelong Learning Program at Case Western Reserve University (CWRU) and the CWRU School of Medicine.

During the conference, physicians, judges, attorneys and other professionals who are on the front lines of this epidemic (declared the worst of our time in 2014) will discuss what works to help those suffering from the disease of addiction and how they are updating systems and processes so that this problem is not perpetuated.

Nicole Labor, DO, is slated to be the keynote speaker. She is Board-certified in addiction medicine and is the Medical Director for OneEighty, an addiction treatment center in Wooster. Her presentation will focus on "The Science of Addiction."

Dr. David Stroom, who is an AMCNO member and serves on the Northeast Ohio Hospital Opioid Consortium (of which the AMCNO is a member) for the Cleveland Clinic, will discuss what is being done at that hospital to address this problem.

In addition, Justin Herdman, U.S. Attorney for the Northern District of Ohio, and Judge Joan Synenberg, Cuyahoga County Court of Common Pleas and Cuyahoga County Recovery Court, will serve on a panel with two additional attorneys to discuss the legal ramifications of this epidemic.

Scott Osiecki, CEO of the ADAMHS Board of Cuyahoga County, will also speak.

Continuing medical education (CME) credits are available for this event. CWRU School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide CME for physicians. CWRU School of Medicine designates this live activity for a maximum of 5 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This conference is also made possible by the generous support of Karen and Richard Spector, and the Melissa Rae Fund in Support of Addiction Education, Understanding and Change.

# The Academy of Medicine Education Foundation Co-Sponsors Medical Legal Summit Event

The annual Medical Legal Summit—co-sponsored by the AMCNO, Academy of Medicine Education Foundation (AMEF), and Cleveland Metropolitan Bar Association (CMBA)—was held March 22-23, at the CMBA Conference Center.

This year's program featured a unique keynote discussion between **American Medical Association (AMA) President Dr. Barbara McAneny** and **American Bar Association (ABA) President Bob Carlson** on Friday night. **CMBA President Marlon Primes** provided welcome remarks and introduced Mr. Carlson. **AMCNO President Dr. R. Bruce Cameron**, who served as the moderator of their discussion, introduced Dr. McAneny.



From left to right: CMBA President Marlon Primes, ABA President Bob Carlson, AMA President Dr. Barbara McAneny, and AMCNO President Dr. R. Bruce Cameron.

Mr. Carlson talked about how the AMA and ABA have worked together in the past, specifically in the 1990s, on the issue of domestic violence, and how they can continue to work together now, as they have a shared interest on difficult issues. He said the ABA has 400,000 members and it speaks for 1 million attorneys in the U.S., who are making a difference every day in the lives of others.

Dr. McAneny discussed the issues defining health care today, such as physician burnout, access to care, regulatory burdens, increased consolidation, the opioid epidemic, a technology revolution and the high cost of care. On physician burnout, she said 1 in 5 physicians wants to reduce his or her patient hours and 1 in 50 wants to leave the profession, which she called "alarming." For access to care, she said the more people who have insurance, the better we are. She reported that 91% of physicians have seen patients

harmed by delayed care, in respect to the regulatory burden associated with prior authorizations. And the cost of care continues to skyrocket, which she said is not sustainable. Delivering health care to people should be the goal, Dr. McAneny stressed.

She then shared the AMA's strategic approach to combat these issues, which consists of attacking the dysfunction in health care by removing the obstacles and burdens that interfere with patient care; improving the health of the nation by confronting the increasing chronic disease burden; and reimagining medical education, training and lifelong learning for the digital age to help physicians adapt and grow at every stage of their careers.

She also covered the AMA litigation center and recent cases that have affected physicians.

At the conclusion of their presentations, Dr. Cameron engaged these leaders in a discussion on topics such as the Affordable Care Act, opioid crisis, burnout in both professions, and telemedicine.

The Saturday portion of the program consisted of four plenary sessions.

The first panel, "Preventive Medicine to Secure Your CyberWorld," was moderated by Dr. Cameron and featured three industry experts—**Edward Marx**, Chief Information Officer at the Cleveland Clinic; **Damon Hacker**, President and CEO of Vestige Digital Investigations; and **Keith Fricke**, Partner and Principal Consultant at tw-Security. These panelists each covered their top three technology concerns, which included EMR value, IoT (the internet of things) and medical devices, incident readiness, lack of ransomware preparedness, and lack of user awareness. They also shared their input on how artificial intelligence can be used to detect security threats, and what caregivers should know and do during a security threat to maintain continuity of care.



Dr. Cameron (right) introduces the cybersecurity panel. (From l-r: Edward Marx, Damon Hacker, and Keith Fricke)

The next panel, "#MeToo and You: Considerations for Healthcare Providers and their Attorneys," included **AMCNO member Dr. Cheryl Wills** as a guest speaker. She and the other panelists—**Claire Wade-Kilts** with Sobel, Wade and Mapley LLC, and **William Edwards** with Ulmer & Berne LLP—provided their expertise on sexual harassment as defined by the court system, hostile work environments, current events related to sexual misconduct, and what physicians can do when their patient experiences sexual assault. In the latter instance, Dr. Wills stressed the importance of supporting a patient if he or she reports an assault—the trauma is real to him or her, so the physician needs to listen to the report, see if the patient has any medical needs, and then make the appropriate referral based on the situation. In addition, she said reporting is mandatory for minors, individuals with disabilities under the age of 21, and the elderly.



AMCNO member Dr. Cheryl Wills (left) is a guest speaker on the "#MeToo and You" panel, along with (from l-r) William Edwards, Claire Wade-Kilts, and moderator Kathryn Hickner.

The panel that followed highlighted "The Merits, Pitfalls, and Strategies of Alternative Dispute Resolution," and covered topics such as what physicians can experience in litigation, the role of a mediator, and settlements. The co-chairs  
*(Continued on page 8)*

## AMEF Sponsors Statewide Immunization Conference

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that school immunization requirements assure children are protected against vaccine-preventable diseases, and that severe negative health effects can be prevented in children when vaccines are used effectively. She also stated that schools with lower rates of immunization compliance are susceptible to outbreaks of vaccine-preventable diseases.

She outlined what constituted “non-compliance” in Ohio with regard to school immunizations, and she said that Ohio law allows for two types of exemptions: a medical exemption (and a licensed physician must certify this), or a reason of conscience, including religious convictions (this exemption must have a written statement from the student’s parent or guardian and must state a reason).

Finally, Ms. Duade outlined the requirements for school immunization annual reporting in Ohio. All Ohio schools, public and private, for which the state board of education prescribes minimum standards, are required to report immunization summaries to ODH by October 15 of each calendar year.

ODH is currently working on efforts to increase school vaccination coverage through Get Vaccinated Ohio—a public health initiative in which ODH provides funding to local health departments to raise and maintain immunization levels among children and adolescents. They are also working on the Immunization Quality Improvement for Providers (IQIP) program designed by the Centers for Disease Control and Prevention (CDC) to increase vaccine uptake among children and adolescents.



Mr. Ethan Lindenberger discusses how he was vaccinated against his mother’s wishes once he turned 18.



The conference held in Wadsworth, at The Galaxy, was very well attended.

The final presenter of the day was Mr. Ethan Lindenberger, who has become known nationally as an activist for his opposition to anti-vaccine disinformation campaigns. Mr. Lindenberger outlined for the audience how he received his vaccinations, against his mother’s wishes, once he turned 18.

He said his mother believed in what he called “conspiracy theories” related to vaccines, so he was not vaccinated as a child. He described to the audience how he used Reddit to ask for help on how he should proceed to get vaccinated. He also decided to begin reviewing other vaccine-related resources, including articles from the CDC, and determined that after reaching adulthood, he wanted to get vaccinated.

He described how his decision resulted in getting the attention of the media and politicians—he was even invited to attend a U.S. Senate hearing that dealt with epidemics of diseases like measles, which can be prevented but is becoming more prevalent because of the dissemination of misleading information about vaccines.

Mr. Lindenberger said that in the past, if someone disseminated misinformation, there was no one to listen to it, except for that person’s small circle of friends or family. Social media and the Internet have escalated the dissemination of misinformation to a whole new level, considering a large percentage of the population uses online groups or platforms to get medical information.

People in these online groups spread intentional misinformation, and it can be manipulative. Misinformation is a real problem we need to be aware of and do something about, he said, adding that defending the science behind vaccinations is paramount. He encouraged the audience to stay firm on what they know to be true. He ended his presentation by stating that fighting for change can be difficult, but remaining unbreakable may save a life.



Please consider AMEF in your charitable giving plans.

Inside this newsletter is an envelope that you can use for your AMEF donation.

It includes information on the different types of gifts we offer as well as the various payment methods.

Thank you!

# AMEF Provides Funds to Train Fellows to Conduct Pollen Count

The AMCNO Pollen Line service has been in existence for more than 50 years. Our physician members at Allergy/Immunology Associates have been providing the daily pollen counts for this service for many years, and we appreciate the work they continue to do.

This community resource is available each weekday, April 1 through October 1, by calling (216) 520-1050, and by visiting the AMCNO website at [www.amcno.org](http://www.amcno.org). The daily pollen counts are also posted to the AMCNO's Twitter feed [@AMCNOTABLES](https://twitter.com/AMCNOTABLES).

We would like to share more information about the Pollen Line, in case you are not familiar with it, including some exciting news about it as well as an explanation of how the counts are calculated.

## Creating Public Awareness

We are pleased to announce that the Pollen Line was recently featured in an article in *The Plain Dealer*.

The article focuses on ragweed season, which may be moderate to severe and last longer than normal this year, because of rain showers that allowed ragweed plants in the area to thrive and blossom.

AMCNO member Dr. Robert Hostoffer, an allergist at Allergy/Immunology Associates, was interviewed for the article. "Ragweed season is also likely to last longer than normal, potentially due to climate change," Dr. Hostoffer said, adding that climate change creates a greenhouse effect, and plants grow better in a greenhouse.

Dr. Lily Pien, an AMCNO member as well and an allergist at the Cleveland Clinic, said she expects to start seeing patients coming into her office complaining of ragweed allergens around Labor Day.

Our members suggested several ways patients can limit their exposure to the allergens, including keeping windows closed and relying on air conditioning as well as using over-the-counter nasal sprays.



During a one-day training session at Allergy/Immunology Associates, Nicole Tierney (left) shows residents and fellows how to collect and report the daily pollen samples.

To read the full article on [Cleveland.com](http://Cleveland.com), go to [www.cleveland.com/metro/2019/08/ragweed-allergy-season-looking-to-be-longer-worse-than-average.html](http://www.cleveland.com/metro/2019/08/ragweed-allergy-season-looking-to-be-longer-worse-than-average.html).

## Training the Team

Each year, a one-day pollen course is conducted at Allergy/Immunology Associates to train fellows and interns how to collect pollen samples and then report them to the public. The Academy of Medicine Education Foundation (AMEF) is pleased to fund this training.

During the training session, provided by Nicole Tierney, the fellows and interns learn how to use the Rotorod Sampler, an aerobiology sampling device located near the clinic that collects pollen, mold and other particles on small plastic rods. The rods are brought inside every day and analyzed using a light microscope. These physicians are shown how to prepare, mount and stain the rods to see the microscopic pollen and mold more clearly. They also learn how to identify various types of tree, grass and weed pollen to provide a volumetric pollen count to the public. The pollen count takes into consideration the percentage of the plastic rod that is analyzed, the amount of time the rods are exposed to the air, and the duty cycle of the Rotorod Sampler.

The pollen count is calculated Monday through Friday at the clinic and the levels are reported via the AMCNO Pollen Line.

## Collecting and Reporting the Counts

The following detailed explanation of how the counts are collected and reported was prepared by: *Jason Schend, DO; Shan Shan Wu, DO; and Neha Sanan, DO; Allergy/Immunology Fellows, University Hospitals, Cleveland Medical Center.*

A pollen count or a mold count is based on the measurement of the number of grains or mold spores in a *cubic meter* of the air. The higher the pollen and/or mold count, the greater the chance that people suffering from allergic rhinoconjunctivitis (allergies/hay fever/rose fever) will experience symptoms when they are outdoors or exposed to outdoor air that is not filtered.

The Allergy/Immunology Associates team uses a device that traps pollen on small plastic rods that samples the air once an hour. Each morning they take the sample into the lab, stain it, and then examine and count pollen under a microscope. Their office counts tree, grass, weed, and ragweed pollen and also mold spores. They then record the findings to the AMCNO Pollen Line. Allergy/Immunology Associates archives the results to compare

*(Continued on page 6)*

## AMEF Provides Funds to Train Fellows to Conduct Pollen Count

(continued from page 5)

to the past year's results and prepares an annual report summarizing the season after the season ends.

In the early spring, trees are the main contributor to pollen in the air. Major culprits are birch, alder, oak, juniper, and elm. The ranges for trees are: Absent (0), Low count is considered 1 - 14, Moderate is 15 - 89, High is 90 - 1499, and Very High is 1500 or greater.

Starting in late May/early June, the grasses start to pollinate. The ranges for grasses are: Absent (0), Low 1 - 4, Moderate 5 - 19, High 20 - 199, and Very High 200 or greater. Tree pollen can also still be seen, but in lesser and lesser amounts, as summer progresses.

Then in the latter part of July to mid-August, the weeds and ragweeds hit their zenith. They will continue to produce pollen until the first or second hard frost in the fall. Ranges for weed/ragweed are: Absent (0), Low 1 - 9, Moderate 10 - 49, High 50 - 499, and Very High 500 or greater.

Molds are present all year, but they are typically seen in higher numbers with warm temperatures and higher humidity.

NAB SCALE							
MOLD		GRASS		TREE		WEED	
0	Absent	0	Absent	0	Absent	0	Absent
1 - 6499	Low	1 - 4	Low	1 - 14	Low	1 - 9	Low
6500 - 12999	Moderate	5 - 19	Moderate	15 - 89	Moderate	10 - 49	Moderate
13000 - 49999	High	20 - 199	High	90 - 1499	High	50 - 499	High
>50000	Very High	>200	Very High	>1500	Very High	>500	Very High

Ranges for mold are: Absent (0); Low 1 - 6,499; Moderate 6,500 - 12,999; High 13,000 - 49,999; and Very High 50,000 or greater.

The National Allergy Bureau (NAB) pollen and mold spore levels were developed using the chart above. The concentrations in the chart (pollen or spores per cubic meter) were statistics from all certified counting sites. The levels correspond to different ranges for each of the pollen categories and for fungal spores. The concentrations were translated into levels based on the following:

- Low levels are concentrations that are less than the median or 50th percentile (i.e., half the counts were below the median). Allergic individuals may or may not be symptomatic.
- Moderate levels are concentrations that fall between the 50th and 75th

percentile. Allergic individuals will likely be symptomatic.

- High levels fall between the 75th and 99th percentile. Allergic individuals will be most likely quite symptomatic and may experience symptom breakthrough if on allergy medications.
- Very high levels are above the 99th percentile (99% of the counts are below this level). Allergic individuals will be very symptomatic and likely experience symptom breakthrough if on allergy medications.

The AMCNO is pleased to continue to offer the Pollen Line service to the public, along with our partners at Allergy/Immunology Associates. We encourage you to share this information with your patients who may be suffering from allergies.

## AMEF Participates in First Responder Appreciation Week

The Academy of Medicine Education Foundation (AMEF) worked with the Rx Abuse Leadership Initiative (RALI Ohio) on providing assistance for the "Bringing Help, Bringing Hope" First Responder Appreciation Week, which was held April 29 through May 5.

That outreach spread to us coordinating efforts with the Cuyahoga County Alcohol, Drug Addiction, and Mental Health Services (ADAMHS) Board. As a co-sponsor of this week-long event, the AMEF contributed funds to the cause, and the AMCNO promoted the event through our publications, website and social media platforms.

As Ohio continues to face an opioid epidemic, the Ohio Governor's Office, Office of Ohio's Attorney General, and the Ohio Association of County Behavioral Health Authorities (OACBHA) collaborated to host this appreciation week to highlight the good work being done by individuals on the front lines, such as police officers, firefighters, and EMTs. Coordinated through each county's ADAMHS Board, events were held across the state to specifically give thanks to the brave men and women who are saving lives and leading others into recovery.

To learn more about RALI Ohio, visit their website: [www.ralioh.org](http://www.ralioh.org). This website serves as the hub of information about the organization's efforts. The alliance aims to bring together leaders to mobilize stakeholders, highlight programs that save lives, partner with policymakers and share ideas to effectively address the crisis. RALI Ohio is an alliance of more than a dozen local, state, and national organizations committed to finding solutions to end the opioid crisis in Ohio.

# AMEF Sponsors Three Medical Student Events

## Medical Student Mix and Mingle a Huge Success



Medical students learn more about the AMCNO and sign up for free membership.

The AMCNO and AMEF were pleased to co-host the Case Western Reserve University Society Dean Mixer for first-year medical students. The event was once again held at the Cleveland Botanical Gardens. AMCNO President Dr. Mehrun Elyaderani attended this year's event along with AMCNO staff. Staff and Dr. Cameron mingled with the students and society deans, providing information and answering questions about the organizations' activities. Dr. Elyaderani then provided brief comments to the group and encouraged the first-year medical students to become involved in the organization. He explained that the AMCNO is a group of dedicated physicians who are working to improve quality of care, while providing education and community outreach in our community.



Current AMCNO President Dr. Mehrun Elyaderani (left) and Immediate Past President Dr. R. Bruce Cameron (right) stand together for a moment before the mixer begins.

During the event, the students asked about the activities of the organization and the foundation; many were not aware that such organizations existed and were pleased to learn that they could participate as medical students. Many expressed interest in the work of the AMCNO and several had questions about their career and specialty choices, while others expressed an interest in volunteering and outreach activities. AMCNO staff was on-hand to provide membership information, and we are pleased to

welcome more than 130 new medical student members.

## AMEF and AMCNO Sponsor the Medical School Doc Opera Event

Now in its 34th year, Doc Opera is a collaborative fundraiser and musical production organized by the students and faculty. This annual variety show is written, directed, and performed entirely by medical students at the Case Western Reserve University School of Medicine and Cleveland Clinic Lerner College of Medicine.

In keeping with Case's commitment to give back to the community, the show's primary mission is to raise funds to provide quality healthcare and related services to individuals and families in our community regardless of their ability to pay through our beneficiaries: Circle Health Services and the CWRU Student-Run Free Clinic. It also provides a venue for creative expression and inter-professionalism among the medical and health professional students of Cleveland. The theme in 2018 was "Back to the Suture" and included music from the *Back to Future* movies, with skits and props to fit the occasion. The theme for the 2019 event coming up in December is "The Wizard of Gauze."

Doc Opera is a non-profit organization that relies on area businesses to help defray the costs of production and to contribute to the donations made to the program's beneficiaries. The Academy of Medicine Education Foundation (AMEF) and the Academy of Medicine of Cleveland & Northern Ohio (AMCNO) were pleased to once again sponsor the Doc Opera event.

## Medical Students Connect with AMCNO Physicians to Discuss Specialty Choices

The Academy of Medicine of Cleveland & Northern Ohio (AMCNO), Academy of Medicine Education Foundation (AMEF), and Case Western Reserve University (CWRU) School of Medicine co-hosted two Speed Mentoring sessions in September at the Samson Pavilion on the Health Education Campus.

AMCNO members and additional physicians from local hospitals participated in the event, which featured

a 30-minute didactic session led by Geiger Society Dean Dr. Marjorie Greenfield prior to the start of each program. AMCNO President Dr. Mehrun Elyaderani then provided opening remarks to the students, and talked about the important work of the AMCNO and that of the AMEF. Almost all of the first-year medical students who attended these events had also signed up for AMCNO medical student membership during the Society Dean mixer held at the Cleveland Botanical Garden in July.



AMCNO President Dr. Mehrun Elyaderani talks to the students about the AMCNO and the work we do.

The format of the mentoring programs consisted of students breaking out into pre-assigned groups/locations, and

physicians were assigned to their first table of students. The students then had 10 minutes to talk to the physician(s) at their table—asking questions about their specialty, daily work life, how they chose their career path, etc. After 10 minutes, the physicians moved to the next table of students to talk with them as well, until the physicians had an opportunity to talk with all of the students in their designated row of tables.

Feedback from the students and physicians indicated that, overall, both parties enjoyed these events. The students found the information to be invaluable, since many of them are trying to determine which career path they should take, and the physicians were pleased to share their experiences of going through medical school themselves.

Some physicians, including AMCNO Board member Dr. Pauline Kwok, even asked students what brought them to medicine. She also encouraged the students to keep an open mind as they move through medical school and try different fields of medicine to see what they like.

(Continued on page 8)

## AMEF Sponsors Three Medical Student Events

(continued from page 7)

Dr. Elyaderani talked about how his father was an interventional radiologist, so being a physician appealed to him. He started off in cardiology, then moved to orthopedic surgery, which he still practices now and really likes because he says he “can identify a problem and solve it.”



AMCNO Past President Dr. Matthew Levy interacts with the students during the event.

One student commented that she “really enjoyed speaking to physicians who had entirely different paths and interests,” and she “learned about a lot of new specialties and subspecialties.” Another student said she liked that “all of the mentors were so welcoming of questions and happy to answer/share them.” And another student said he thought it was “a great opportunity” to meet the physicians who attended the program and would have liked more time to talk with them.



AMCNO fellow member Dr. Ayan De shares his experiences in the field of sleep medicine.

We would like to thank everyone, including our AMCNO members and the CWRU School of Medicine staff, for their participation and support!

You can view photos from the two sessions on our Facebook page and Twitter feed.

If you would be interested in participating in next year’s Speed Mentoring program, contact the AMCNO offices at (216) 520-1000. ■

## The Academy of Medicine Education Foundation Co-Sponsors Medical Legal Summit Event

(continued from page 3)

for this panel were **AMCNO Past President Dr. Matthew Levy**, who served as the moderator, and **Raymond Krncevic, Esq.**, who introduced the panelists: **Dr. M. Stacia Dearmin**, from Akron Children’s Hospital; **Frank Gallucci III**, from Plevin & Gallucci Co, LPA; **James McMonagle**, from Vorys, Sater, Seymour & Pease LLP; and **Jane Warner** from Tucker Ellis LLP. Dr. Dearmin shared her personal experience of having to stand trial after she cleared a patient for release from the hospital who then later died of cardiac arrest. She now speaks publically about the incident and legal process, and she provides support for other physicians who are experiencing similar situations. The legal representatives on the panel further discussed mediation—how it is a significant undertaking, but it is now a sophisticated procedure and an important risk management process; it is also one way to resolve cases and to reduce the stress and costs of a trial.

The final plenary session, “Addiction and Recovery 2018: Beyond Issue 1,” featured **AMCNO Board Member Dr. Kristin Englund** as the moderator and co-chair, along with fellow co-chair **Isabelle Bibet-Kalinyak**. Three panelists discussed topics related to mental health and addiction issues: **Joan Englund**, Executive Director, Mental Health & Addiction Advocacy Coalition (MHAC); **AMCNO member Dr. David Stroom**, from Lutheran Hospital; and **Hon. Thomas M. Parker**, United States District Court, Northern District of Ohio. Judge Parker discussed the success of drug courts, and emphasized that treatment for those with addiction is a better option than incarceration. He said one of the problems with Issue 1, which was on the November ballot, was that it was going to be a constitutional amendment, so it would have been very difficult to change or revise. Ms. Englund stated that in 1978, 18,000 Ohioans were in jail; in 2017, there were 69,000, and most of them have an addiction or mental health condition. She stressed the importance of keeping Medicaid expansion in Ohio, so that almost one-third of recipients can continue to receive the mental health services they need and are receiving. Dr. Stroom, who



Raymond Krncevic (right) introduces the panelists for the session on alternative dispute resolution. (l-r: Dr. M. Stacia Dearmin, Frank Gallucci III, Jane Warner, and James McMonagle)

specializes in psychiatry, discussed how the 21st Century Cures Act has increased the availability of trained providers, especially for medication-assisted treatment, which shows a positive impact on those with addiction; but he also discussed how physicians are dissuaded from training because of insurance and policy issues. He was pleased, however, to report that Senators Rob Portman and Sherrod Brown recently released \$29 million in funding to address the opioid crisis in Ohio.

The Summit concluded with remarks from Dr. Cameron, who thanked everyone for their participation and attendance.



AMCNO Board member Dr. Kristin Englund (right) moderates the addiction and recovery panel. (l-r: AMCNO member Dr. David Stroom, Joan Englund, and Hon. Thomas Parker)

Early feedback indicates that attendees enjoyed the Summit, and the AMCNO was pleased with the turnout and how well the panelists covered all of these important topics.

AMCNO members are encouraged to participate on the planning committee for the Summit and submit ideas for topics and presenters. We will soon begin planning for the 2020 program. If you would like to take part, please contact Elayne Biddlestone at the AMCNO offices at [ebiddlestone@amcnoma.org](mailto:ebiddlestone@amcnoma.org), or (216) 520-1000, ext. 100. ■

# AMEF Funds Used to Sponsor Business Practice Session for AMCNO Physician Members and Residents

The Academy of Medicine of Cleveland & Northern Ohio (AMCNO) hosted its annual seminar, "Understanding the Legal and Financial Aspects of Practicing Medicine," on October 2, at the Cleveland Museum of Natural History. This event is sponsored by the Academy of Medicine Education Foundation (AMEF) and William E. Lower Fund, and it is offered free-of-charge to the AMCNO's resident members.



AMCNO President Dr. Mehrun Elyaderani provides opening remarks at the seminar.

AMCNO President Dr. Mehrun Elyaderani provided opening remarks and introduced each speaker before his or her presentation. Representatives from a few different companies covered various interesting topics for the attendees.

Isabelle Bibet-Kalinyak, from McDonald Hopkins LLC, discussed physician contracting. She stressed the importance of investing time in negotiating employment agreements, and not being afraid to ask for reasonable changes. She also discussed what types of questions to ask concerning benefits,

liability/malpractice insurance, non-compete clauses, and other important issues. In addition, as a transactional and compliance healthcare attorney with a subspecialty in immigration, Ms. Bibet-Kalinyak covered foreign national-related topics, such as terms for those on temporary visas and immigrant visas. She closed her presentation with some practical advice, and said, "a contract is only as good as the people behind it."

Mark O'Sickey, from North Coast Executive Consulting, discussed personal financial planning. Using an interactive format, he asked the audience financial questions, and when an attendee responded with a correct response, he or she was rewarded with a Starbucks gift card. Some of the questions (and answers) included:

- What percentage of adults have a financial plan in place? (30%)
- On average, how many people think they have enough life insurance? (56%)
- What percentage of Americans maintain a budget? (33%)

Cindy Kula and Jennifer Gajda, from Rea and Associates LLP, talked about the business and tax aspects of a medical practice. They emphasized the importance of getting advice for any business-related issues, and defined the different types of businesses (e.g., sole proprietorship, partnerships, corporations, and limited liability



Representatives from Rea and Associates share solid financial information with the attendees.

companies). They also covered the topic of student loans, and offered a few points of sound advice, such as paying off the loans as soon as possible, asking if lenders will allow you to pay interest only, looking into a graduated repayment option if it's available, and using a student loan consolidation program (which is a larger loan, but offers a longer repayment term and/or better interest).

Katherine Wensink, also from McDonald Hopkins, was the final speaker for the evening, and she discussed estate planning. She focused on living estate plans, trusts, and digital assets, as well as prenuptial agreements, which she said can help address death, divorce and property settlements; otherwise, state law controls these decisions.

We would like to thank all of our resident members for attending the event; from the feedback we received, they enjoyed learning this valuable information. Many thanks as well to the presenters for their time and for sharing their financial knowledge with the attendees. And, thank you to the Cleveland Museum of Natural History for once again providing a wonderful space for this event.

The information provided during the seminar is for educational purposes only; it is not a solicitation.

To see photos from the event, visit the AMCNO Facebook and Twitter pages.

## AMEF Provides Sponsorship Funds to the Ohio Physician Health Program

The AMEF was pleased to provide funding to the Ohio Physician Health Program (OPHP), a statewide program that provides a compassionate, supportive, and safe environment for healthcare professionals to receive confidential services to improve their health and well-being.

The goal of OPHP is to inspire physicians and other healthcare professionals to seek treatment and monitoring for their illnesses in order to ensure patient care and safety.

# Congratulations to the 2019-20 AMEF Scholarship Recipients!

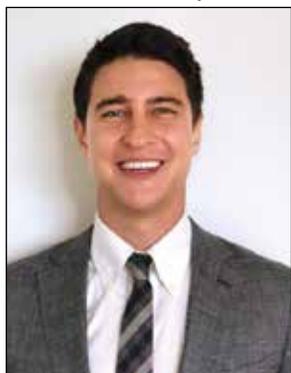
The Academy of Medicine Education Foundation (AMEF) has awarded six local medical students with \$5,000 scholarships each for the 2019-20 school year to help ease the burden of student loans.

The AMEF Board of Directors reviews new applications each year and chooses students based on a number of criteria. Applicants are third- or fourth-year medical students who are, or were, residents of Cuyahoga, Ashtabula, Geauga, Lake, Lorain, Portage or Summit counties, and who have demonstrated an interest in being involved in organized medicine and community activities. They must also possess leadership skills and demonstrate academic achievement.

Each year, the AMEF and the Academy of Medicine of Cleveland & Northern Ohio (AMCNO) highlight the scholarship recipients in our publications. The awardees were asked to provide their photo and short bio so that our members can learn more about them—such as their interests and future plans. Their information follows.

The AMEF and the AMCNO would like to congratulate these exemplary recipients, and we wish them all the best in their medical careers!

## **Matthew Abola** *Scholarship Recipient from Case Western Reserve University School of Medicine*



Teaching and mentoring others is an enjoyable part of Matthew Abola's experience in medical school. In his fourth year,

he is teaching first- and second-year students on physical exam and communication skills as well as leading discussions on sensitive topics within medicine (e.g., alternative medicine, human trafficking, and addiction among physicians). Before dedicating time to teaching, Matthew enjoyed volunteering at the Free Clinic of Greater Cleveland, tutoring local middle schoolers in their most difficult subjects, and working on outreach and fundraising for the organization that represents underrepresented minority students at Case. Similar to his roles in teaching, he has sought opportunities to communicate his own experiences in medicine to others. As a board member of the Holden Surgical Society, and the lab leader of a clinical outcomes research group, Matthew has helped organize and facilitate opportunities for other students. Within the Holden Surgical Society, he organized shadowing experiences for first- and second-year medical students so that they could become immersed in surgery early within their career. Similarly, as the manager of a clinical outcomes research group at MetroHealth, he aided students in generating research projects and learning the fundamentals of research, such as study design, statistical analysis, and writing a concise, organized manuscript. When he's not at the hospital or school, he enjoys spending time with his wife, who is currently a PGY-2 in Ophthalmology at New York University. Matthew is an avid outdoorsman and enjoys hiking, biking, trail running, and fishing. For residency, he will train at the Department of Orthopedics at New York University, Hospital for Joint Disease. As he begins residency, he hopes to pass along the same dedication to education and future physicians that has been shown to him.

## **Kate Kelley** *Scholarship Recipient from Northeast Ohio Medical University*



Kate Kelley is a third-year medical student at Northeast Ohio Medical University. Prior to attending medical school, Kate worked in

health communications and public health at the American Psychological Association and the Institute of Medicine in Washington, DC. She earned a bachelor's degree in History and International Affairs from the University of Mary Washington, and a Master of Public Health from The George Washington University, where she focused on global health, and specifically how cultural beliefs influenced the health and healthcare of the Roma people. Born and raised in Cuyahoga County, she is a graduate of Solon High School, and plans to pursue a family medicine residency and a career as a family physician in Northeast Ohio. In addition to medical school, she is also currently engaged in the *Making Health Care Fair* universal healthcare initiative of the National Physicians Alliance. Kate holds a specific interest in primary care in underserved communities both domestically and internationally, health policy and healthcare reform, and the overlap between physical and behavioral health. She enjoys reading fiction (almost exclusively); cooking meals that sometimes aren't worth the subsequent dishes; talking politics with friends, family, and occasionally foes; travelling, but rarely to the same place twice; and

trail running in Cleveland's Metroparks with her husband Matt, a high school science teacher. She is deeply grateful for the support of her family, university, and the Academy of Medicine Education Foundation for their generous scholarship.

**Chan Mi Lee**  
*Scholarship Recipient from Cleveland Clinic Lerner College of Medicine of CWRU*



Chan Mi ("Chanmi") Lee is currently a third-year medical student at Cleveland Clinic Lerner College of Medicine (CCLCM). She

earned her bachelor's degree in New Zealand, and MSc and PhD in Canada, before coming to the United States for medical school. It's been quite a journey for her—the U.S. is the fifth country she's studied in; Korea, New Zealand, Australia, and Canada are the others. Specialty-wise, she is still keeping an open mind until the end of her third-year rotation, but wishes to become a physician-scientist who performs basic science research in inflammation and vascular diseases. At CCLCM, she has been involved in and led several groups, including the Curriculum Steering Council, Committee Board of Student Representatives, Epsilon Epsilon chapter of Phi Delta Epsilon (PhiDE), and Vascular Surgery and Transplantation Interest Groups. She has also worked in the Allen Memorial Medical Library as well as the Dittrick Museum of Medical History for the past 3 years, where she has recently been chosen as a Board Member for the Cleveland Medical Library Association (CMLA). She particularly enjoys teaching undergraduate students through the CMLA Journal Club. In her spare time, Chan Mi likes to write and walk in

nature, and loves to sing and play the flute in her church choir. For the past 6 months, she has been entranced in learning Taekwondo as well, which had been one of her childhood dreams. Chan Mi is extremely grateful for all the opportunities and support that have enabled her to come this far, and she is working toward building a life of giving in various ways, both big and small. Examples include volunteering in a nursing home for 8 years, donating to help a community for the past 6 years, and helping those in need on her routine RTA bus rides.

**Sara Maskal**  
*Scholarship Recipient from Case Western Reserve University School of Medicine*



Sara Maskal is a third-year medical student at Case Western Reserve University School of Medicine. While in medical school, she

has been involved in clinical and basic science research at Cleveland Clinic and University Hospitals and has presented her work at several conferences. She is also engaged in serving the Cuyahoga County community. She volunteered with the Student-Run Health Clinic and the John Hay Writing Workshop during her preclinical years. As a second-year student, she also co-led Anatomy Camp, a program designed to expose intercity middle and high school students to the fields of medicine and bioengineering. In her free time, Sara loves to dance; she has performed in Doc Opera for the past 3 years and choreographed for the past 2 years. She is also passionate about traveling and playing tennis. She will be applying to general surgery residencies this fall. In addition to being a practicing surgeon, she plans to pursue a career in medical education and research.

**Bryan Naelitz**  
*Scholarship Recipient from Cleveland Clinic Lerner College of Medicine of CWRU*



Bryan Naelitz is a Cleveland-area native who grew up in the western suburb of Amherst. After graduating from Washington

University in St. Louis with a degree in biology and anthropology, he enrolled in the Cleveland Clinic Lerner College of Medicine, where he is currently a third-year medical student training to become a physician investigator. Bryan is enamored with urology and will pursue residency in this field, following a year of supervised research in the Sharifi Laboratory. His project will investigate how adrenal precursors are converted to androgens in the setting of castration-resistant prostate cancer and potentially illuminate how this hormonal pathway contributes to cancer progression. Bryan is excited to enter a specialty that will enable him to further explore his research interests in oncology, male infertility, and health disparities. Improving community health remains one of his chief professional goals. In medical school, Bryan served as volunteer coordinator for the Community Health Initiative and organized weekly health screening sessions at the Men's Shelter at 2100 Lakeside. He has also served as a perennial volunteer at the Minority Men's Health Fair, where he assisted with HIV screening and facilitated clinical research efforts. This year, Bryan will screen for kidney disease with members of the Urology Interest Group and counsel attendees on lifestyle changes to protect renal health. He will continue outreach efforts as a physician to increase awareness of urologic health issues and augment

*(Continued on page 12)*

## Congratulations to the 2019-20 AMEF Scholarship Recipients!

(continued from page 11)

community trust in the healthcare system. He enjoys teaching and hopes to serve as a mentor to medical students and residents. Outside of medicine, Bryan is an avid long-distance runner who will complete nine half-marathons this racing season. He also enjoys attending Cleveland Orchestra concerts, seeing the latest films at the Cedar Lee Theatre, and trying the newest flavors of Mitchell's Homemade Ice Cream.

### **Aishwarya Sharma** *Scholarship Recipient from Ohio* *University Heritage College of* *Osteopathic Medicine*



Aishwarya Sharma is a third-year medical student at Ohio University (OU) Heritage College of Osteopathic Medicine.

At the age of 19, she completed her Bachelor of Arts degree in Political Science and Bachelor of Science in Biology, with a pre-law and pre-med concentration, along with a Chemistry minor at Lake Erie College, graduating summa cum laude. Having lived in Northeast Ohio for the majority of her life, she moved from Parma to Perry, before planting her roots in Timberlake. Besides actively volunteering in her community and working as the secretary for the Timberlake council, Aishwarya is a dynamic member of Omega Beta Iota Honor Society, Gold Humanism Honor Society, and Student Osteopathic Medical Association. Moreover, she serves as an OU Medical Mentor with both high school and college students.

A lifelong vegetarian, she continues to work with the American College of Lifestyle Medicine to promote a plant-based diet to enhance health and wellness. When she is not involved with community service and fundraising endeavors, Aishwarya enjoys exploring new cuisines and cooking for her loved ones, while spoiling her 3-year-old cat. She has visited more than 30 countries, speaks three languages fluently, and intends on volunteering with global health initiatives to increase access to medicine after residency. She is also an academic tutor and has taught more than a hundred students in the past decade. She is an avid reader and writer, and she has a novel in progress as well as several short story/poetry publications. Working as an emergency room scribe at Lake Health, Aishwarya witnessed first-hand the detrimental effects of the primary-care physician shortage in Ohio. Her passion for enhancing health care drives her future ambitions. After graduation, she hopes to become a family practitioner, so she can become a part of the solution to this epidemic, while providing compassionate and inclusive care to her diverse Northeast Ohio community.

The AMEF is now accepting scholarship applications for the 2020-21 school year. To learn more, visit the AMCNO website at [www.amcno.org](http://www.amcno.org).

Scholarship funds are primarily raised through the AMEF's annual golf outing. This year's event was held at the Chagrin Valley Country Club on Monday, August 12. See page 15 for the wrap-up article.

**Please save the date and join us for next year's outing on Monday, Aug. 10, 2020, at Sand Ridge Golf Club.**

We, and future students, welcome your support!

## Annual AMEF Fundraiser

Every year in August, AMEF sponsors an event designed specifically to raise funds for the foundation—a charitable golf outing held in memory of Marissa Rose Biddlestone, who succumbed to leukemia in 2003. She is the daughter of the AMCNO executive vice president and CEO, Elayne Biddlestone. Now in its 16th year, this annual outing has raised more than \$500,000 for the foundation—funds that are utilized for local medical student scholarships and the aforementioned AMEF projects. (For an overview and pictures from this year's outstanding outing see page 12).



Please consider AMEF in your charitable giving plans.

Inside this newsletter is an envelope that you can use for your AMEF donation.

It includes information on the different types of gifts we offer as well as the various payment methods.

Thank you!

# AMEF Contributors

A special thanks to our contributors from 2004 to present

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# AMEF

## Academy of Medicine Education Foundation

As the cost of medical education continually increases, financial assistance for medical students is more important than ever. And as you may know, a physician shortage is predicted in the next decade, with studies showing there may not be enough qualified physicians to meet the medical needs of an aging population in coming years. AMEF needs funds to provide scholarships to medical students to assure that our medical schools continue training physicians to meet the needs of patients in the future. Your contribution to AMEF will help us with this laudable goal. In addition, your funds will be used to assist with other worthwhile foundation activities. Contributors will be acknowledged on the AMCNO website, in future newsletters and when the medical scholarships are awarded at our annual meeting. Included with this newsletter is a give envelope for AMEF. A separate mailing has also been sent out to all past scholarship recipients and all AMCNO members requesting donations/contributions to the AMEF. Please include AMEF in your charitable giving plans.

The Academy of Medicine Education Foundation was formed by the physician leadership of the Academy of Medicine of Cleveland & Northern Ohio. Original funding came from voluntary contributions as a result of a successful polio vaccination program sponsored by the Academy of Medicine of Cleveland in 1958 and 1962. The largest continuing commitment of the foundation is student scholarship grants to worthy students in the medical field. Since its inception, the foundation has granted more than \$1.5 million to such qualified students. The foundation has historically initiated many programs of benefit to the community and has co-sponsored and funded various healthcare related seminars and programs across Northeast Ohio for decades.

## The Purpose of AMEF

### AMEF MAY APPLY FUNDS TO THE FOLLOWING CHARITABLE AND EDUCATIONAL PURPOSES:

- Promoting education and research in the field of medicine by the establishment or financing of fellowships, scholarships, lectures, projects and awards on such terms as the Trustees deem best;
- Providing and promoting educational programs on the science of medicine, including presentations on clinical care and new procedures;
- Providing and promoting health education for the welfare of the community, identifying public health issues and unmet community health care needs and make proposals for dealing with such issues and filling such needs for the benefit of the public;
- Maintaining and providing educational materials and publications concerning health care to the members, related public service organizations and citizens of the community;
- Supporting medical education at local medical schools by providing lectures and counseling services;
- Supporting local public health programs and initiatives;
- Sponsoring seminars on topics of medical education and public health issues;
- Assisting in the production of educational radio and television programs, telephone recordings, and computer and electronic programs and materials, designed in each case to educate members of the general public on matters of health care and public health issues;
- Making grants, donations, or contributions of funds or other property in the trust estate to other charitable, scientific, and educational trusts, organizations or institutions, organized and operated for any of the purposes set forth in subparagraphs above, or for uses that are in furtherance of any of the other purposes of this Trust, including for medical research and education, public health programs, and public and community education relating to health care and wellness programs, provided that no part of the net income of such trusts, organizations, or institutions inures to the benefit of any private shareholder or individual and that no substantial part of the activity of such trust, organization, or institution is the carrying on of propaganda, or otherwise attempting to influence legislation, or participating or intervening in any political campaign.

# 2019 Golf Outing Highlights

## AMEF Golf Event Proceeds Benefit Medical Students and Local Communities

On August 12, golfers teed off for the Academy of Medicine Education Foundation's (AMEF) 16th Annual Marissa Rose Biddlestone Memorial Golf Outing.

This year's event was held at the Chagrin Valley Country Club. In a friendly competition, foursomes tested their expertise in a shotgun-style tournament to raise money for AMEF, the foundation component of the AMCNO that was established for charitable, education and scientific purposes. These monies will be utilized primarily for medical student scholarships, but also for annual CME seminars and grants for health-related programs.

After golfers were welcomed by AMCNO staff at registration, they enjoyed a delicious lunch on the patio. Participants also had the opportunity to practice their shots before the shotgun start at 1 pm.

Following a full day on the course and dodging a few rain showers, the golfers enjoyed cocktails on the patio and in the bar. They were able to relax after navigating the challenging course, where they also had a chance to win \$10,000 in cash, courtesy of the AMCNO, as well as a new BMW convertible, courtesy of Classic Auto Group. The golfers then sat down for another delicious meal, as AMEF Golf Committee Chairman Dr. John Bastulli provided a wrap-up of the day and thanked everyone for their participation and support. Following his speech, awards were announced and the golfers took part in a fun prize raffle.



Our congratulations to the teams that took home the top prizes:

**1st Place Team:** Ryan Williams, Michael Sidoti, Joe Bucaro, and Nick Kopcho

**2nd Place Team:** Jonathan Krol, Brian Gannon, Danny Egger, and Joe Palcko

**3rd Place Team:** Kent Krafft, Dennis Forchione, Dr. Jeff Stanley, and Jason Forchione

Skill prizes were also awarded to the following:

**Closest to the pin:** Dr. Justis Ehlers, Joe Bucaro, and John Bastulli, Jr.

**Longest drive:** David Bastulli on #5 and Mark O'Sickey on #10

**Longest putt holed:** Dr. Justis Ehlers on #18

A **special thank** you to Jim Brown at Classic Auto Group and the AMCNO for sponsoring the hole-in-one contests. And thank you to all the event and hole sponsors who helped make the day such a huge success. We look forward to working with all of you next year!

### Our thanks to the 2019 Event Sponsors:

Cleveland Anesthesia Group  
Clinical Technology, Inc.  
H.C. Murray Group  
Kellison & Company  
Matthew E. Levy, MD  
North Coast Executive Consulting  
Sansei Showa Co., Ltd.

### Our thanks to the 2019 Hole Sponsors:

R. Bruce Cameron, MD  
Pauline Kwok, MD  
Reminger Co., LPA  
James L. Sechler, MD



SAVE THE DATE for next year's AMEF Golf Outing: Monday, August 10, 2020, at Sand Ridge Golf Club. See you there!



# AMEF

Academy of Medicine Education Foundation

## Meet the AMEF Board of Trustees

The AMEF Board of Trustees is comprised of dedicated individuals possessing the vision to recognize the value of a charitable component to the AMCNO. The Foundation Board of Trustees is responsible for making decisions, developing policy and providing specific direction to the foundation.

**George V. Topalsky, MD, President**

**John A. Bastulli, MD**

**James M. Coviello, MD**

**Matthew E. Levy, MD**

**James L. Sechler, MD**

**Elayne R. Biddlestone, Staff**

## *Mission*

The mission of AMEF is to enhance healthcare through education of the medical profession and the community at large. The purpose of AMEF is to add a charitable component to the AMCNO and to partner with the AMCNO in implementing new initiatives for both physicians and the patient population through charitable, educational and scientific efforts. AMEF enhances the philosophy of the AMCNO in its focus on health-oriented education for physicians, their staff and patients by providing support for meaningful education and highlighting the value and quality of healthcare. A showcase for a philanthropic spirit is provided through the foundation for physicians who desire to give back to the community and the profession they serve.